



Pre-operative Instructions for IV Sedation

- 1.) Do not **eat or drink** anything for **8 hours** prior to appointment. (Eating less than 8 hours prior to procedure may result in vomiting, aspiration and/or hospitalization).
- 2.) Please take all morning medications (including **blood pressure** medications) with a small sip of water. If you have questions about taking your medications on the day of surgery, please call our office or your prescribing physician.
- 3.) Have a responsible adult with you to drive you **TO** and **FROM** your appointment. Your driver **MUST** be present before we start your procedure. **YOUR DRIVER MUST REMAIN IN THEIR CAR AND IN OUR PARKING LOT, FOR THE DURATION OF YOUR SURGERY.** This is required in case of any emergency and also to get you home and comfortable as quickly as possible, upon discharge.
- 4.) Wear loose clothing, comfortable clothing. We advise to wear a short sleeve shirt so that we have access for your IV. Please wear shoes that are secure on your feet. No flip flops, slides, slip on shoes without backs, etc
- 5.) Avoid alcohol and smoking 24 hours prior to appointment.
- 6.) NO jewelry. Please refrain from wearing dark fingernail polish the day of the surgery.
- 7.) If you are **diabetic**, please check your blood sugar the day of surgery and inform us of the results at your appointment.
- 8.) Be prepared to wait. Although we do our best to stay on time, delays are not uncommon.
- 9.) If your treatment plan consists of bone grafting or implants, an antibiotic will be sent to your pharmacy 1-2 weeks in advance. Please start taking the antibiotic the day before your procedure in the morning.

IV Sedation is a **SEMI-CONSCIOUS** sedation. (you will be able to respond to verbal commands and will be in a twilight type of sedation without discomfort.) Failure to comply with the above instructions may result in delay or postponement of your surgery.